



inneractions  
Looking **Inward**. Moving Forward.

# Virtual IOP

## Flexible and Accessible Care on Your Schedule

Empowering you with tools for change, support for growth, and the flexibility to engage in therapy how and when it works best for you.

**Available Hours:**

**DAY:** Monday - Friday | 9:00 AM -12:30 PM 1:00 PM - 4:30 PM PST.

**EVENING:** Monday, Wednesday, & Thursday | 5:00 PM -8:30 PM PST.

**FULL-DAY PHP Option:** 9:00 AM - 4:30 PM PST

**Program Requirements:** Attend 3 days per week, 3 hours each day.



## Why Choose Our Virtual IOP?

- **Reach Your Goals Remotely:** Our virtual platform removes the barriers of location and transportation, offering you top-tier therapy sessions no matter where you are.
- **Designed for Your Busy Lifestyle:** Manage your recovery without sacrificing your personal and professional responsibilities.
- **Continuous Support:** Regular online sessions provide consistent, structured support essential for sustained recovery.
- **Same Expert Care, New Convenient Format:** Benefit from the same comprehensive care as our in-person sessions, but from the comfort and privacy of your home.
- **Insurance Friendly:** We work with all major insurances to ensure that our services are accessible. Our team is here to help with insurance verification and to discuss coverage options.

**Call Now**  
**+1-866-338-5686**



SCAN ME

