

2-WEEK MENTAL HEALTH RESET

An intensive program providing immediate support for women, focused on customized trauma care and advanced coping strategies. Delivered in a condensed two-week format, it maximizes impact and fosters lasting recovery.



PROGRAM HIGHLIGHTS



TAILORED MENTAL HEALTH FOCUS

Receive concentrated, individualized therapy sessions focused on your specific mental health needs, ensuring deep, personalized care.



INTENSIVE SUPPORT

Benefit from psychiatric evaluations and case management, addressing immediate and long-term needs.



CUSTOMIZED TRAUMA CARE

Utilize sensory integration practices to address trauma in a safe, supportive environment.



HOLISTIC HEALING

Integrate physical, mental, and emotional health strategies to promote balance and full recovery.

A SAFE HAVEN FOR HEALING

At Ohana Recovery Center, our women-only environment provides a safe, compassionate space to process trauma and heal with support from those who understand your journey.



617-360-1632



ohanarecoverycenter.com

WHAT TO EXPECT

- ✓ **Private, Comfortable Accommodations**
Enjoy a peaceful, luxurious setting designed to enhance relaxation and healing.
- ✓ **Personalized Treatment Plans**
Every woman's journey is unique. We tailor your program to meet your specific needs.
- ✓ **Exclusive Wellness Amenities**
Experience holistic wellness with yoga, meditation, and nutrition-focused healing integrated into your treatment plan.
- ✓ **All-Female Staff**
Our programs are led by an all-female staff, ensuring a compassionate and supportive environment.

HOW TO GET STARTED

- 1 **Contact Us to Verify Benefits**
- 2 **Complete Assessment**
- 3 **Schedule Admission**



CONTACT INFORMATION

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